



## Compassionate Leadership Monthly Series

Session 2: June 17, 2020
Part B (second half of slides)

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## **Three Levels of Compassion**

For self

Receiving from others

Giving to others







## A Culture of Care

- Creates a brave space for all thoughts, feelings, and ideas.
- Creates regular and meaningful time to connect individually with staff and teams.
- Prioritizes relational engagement.
- Engages staff and teams through an equity lens.\*
- Willingness to be vulnerable, honest, and have complex conversations from a place of love and compassion.

<sup>\*</sup>adapted from Whiteness at Work webinar, presented by Desiree Adaway



## Creating a Culture of Care Self-Work

- What concrete steps are you taking to show yourself love & compassion?
- How can you make this a continuing practice for yourself?

(Please try to complete before our next gathering on July 15, 2020)





We are here to provide you support. Please contact us anytime.

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